



Menu w/c 11th February 2019

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Main Meal
 Oven Baked Jacket Potatoes
 with Baked Beans and
 Grated Cheese or Fresh
 Tomato Sauce and Grated
 Cheese (V)

Sides
 Broccoli Florets
 Diced Carrots

Salad Bar

Dessert
 Sweet Rhubarb Crumble
 Crème Anglaise
 Fresh Fruit

Main Meal
 Cumberland Pork Sausages
 and Onion Gravy (M)
 Simply Meat Free Sausages
 and Onion Gravy (V)

Sides
 Sliced Green Beans
 Carrot Batons
 Mashed Potato

Salad Bar

Dessert
 Strawberry Mousse with
 Fresh Strawberries
 Fresh Fruit

Main Meal
 Penne Pasta with a Tomato
 and Chorizo Sauce (M)
 Penne Pasta with a Fresh
 Vegetarian Sauce (V)

Sides
 Lettuce, Cucumber and
 Tomato Salad
 Baby Carrots
 Herby Garlic Bread Slices

Salad Bar

Dessert
 Homemade Apple Pie with
 Custard
 Fresh Fruit

Main Meal
 Roast Chicken with Sage and
 Onion Balls (M)
 Roasted Quorn Fillets (V)

Sides
 Mediterranean Vegetables
 Whole Green Beans
 Sliced Carrots
 Golden Roast Potatoes

Salad Bar

Dessert
 Chocolate Crunch Biscuits
 Fresh Fruit

Main Meal
 Oven Baked Cod Squares
 Cod Fillets in Sauce (M)
 Cheese, Onion and
 Potato Pie (V)

Sides
 Garden Peas
 Sweetcorn Niblets
 Oven Chips
 Crusty French Bread

Salad Bar

Dessert
 Assortment of Desserts
 Fresh Fruit

Other items available daily include Jacket Potatoes with various fillings, one additional non-vegetarian and vegetarian option
 Only BRITISH meats, fresh fruit and seasonal vegetables are used in our meals.
 No food items or ingredients knowingly contain genetically modified food stuffs.

