



Menu w/c 18th March 2019

MEAT FREE MONDAY

Main Meal

Two Cheese, Tomato and
Mushroom Omelettes (V)

Sides

Medley of Diced Carrots, Cut
Green Beans and Sweetcorn
Niblets
Seasoned Potato Wedges

Salad Bar

Dessert

Rice Pudding and
Mixed Fruit Jam
Fresh Fruit

TUESDAY

Main Meal

Homemade Shepherds Pie (M)
Homemade Vegetarian
Pie (V)

Sides

Sliced Green Beans
Carrot Batons

Salad Bar

Dessert

Meringue Nests with
Fresh Fruit Salad
Greek Yoghurt
Fresh Fruit

WEDNESDAY

Main Meal

Breaded Chicken Burger in a
Gourmet Burger Bun (M)
Vegetarian Burger in a
Gourmet Burger Bun (V)

Sides

Steamed Country Vegetables
Baked Beans

Salad Bar

Dessert

Apple and Sultana Crumble
with Custard
Fresh Fruit

THURSDAY

Main Meal

English Roast Pork with Apple
Sauce and Sage and Onion
Stuffing Balls (M)
Roasted Quorn Fillets (V)

Sides

Mediterranean Vegetables
Broccoli Florets
Sliced Carrots
Golden Roast Potatoes

Salad Bar

Dessert

Orange Jelly Pots
Fresh Fruit

FRIDAY

Main Meal

Oven Baked Fish Fingers
Steamed Cod Fillets in a
Sauce (M)
Cheese and Tomato
Pizzas (V)

Sides

Garden Peas
Sweetcorn Niblets
Oven Chips
French Bread

Salad Bar

Dessert

Chocolate Mousse
Fresh Fruit

Other items available daily include Jacket Potatoes with various fillings, one additional non-vegetarian and vegetarian option
Only BRITISH meats, fresh fruit and seasonal vegetables are used in our meals.
No food items or ingredients knowingly contain genetically modified food stuffs.

